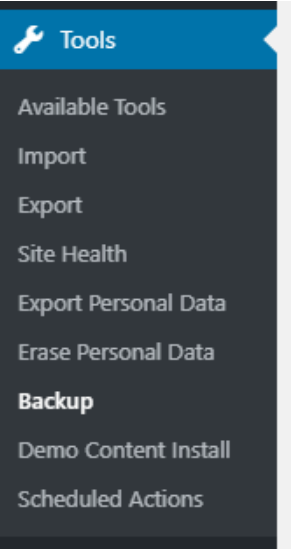


Backup

You can backup your site in **Tools** ⇒ **Backup**. Also, you can enable the **Backup Schedule** to automatically backup your website. If your site uses any optimization plugins like WP Scripts & Styles Optimizer, WP Super Cache, WP Rocket, Autoptimize be care with the **Backup Schedule** feature to avoid performance issues.



We strongly recommend you to do manual backups regularly, especially when you making updates or any major changes on your website.

Full Backup – will save your themes, plugins, uploads, and the full database.

Content Backup – will save your uploads and database without private data like users, admin email, etc.

[Edit Backup Schedule](#)[Create Full Backup Now](#)[Create Content Backup Now](#)